SPIRIT of KENYA

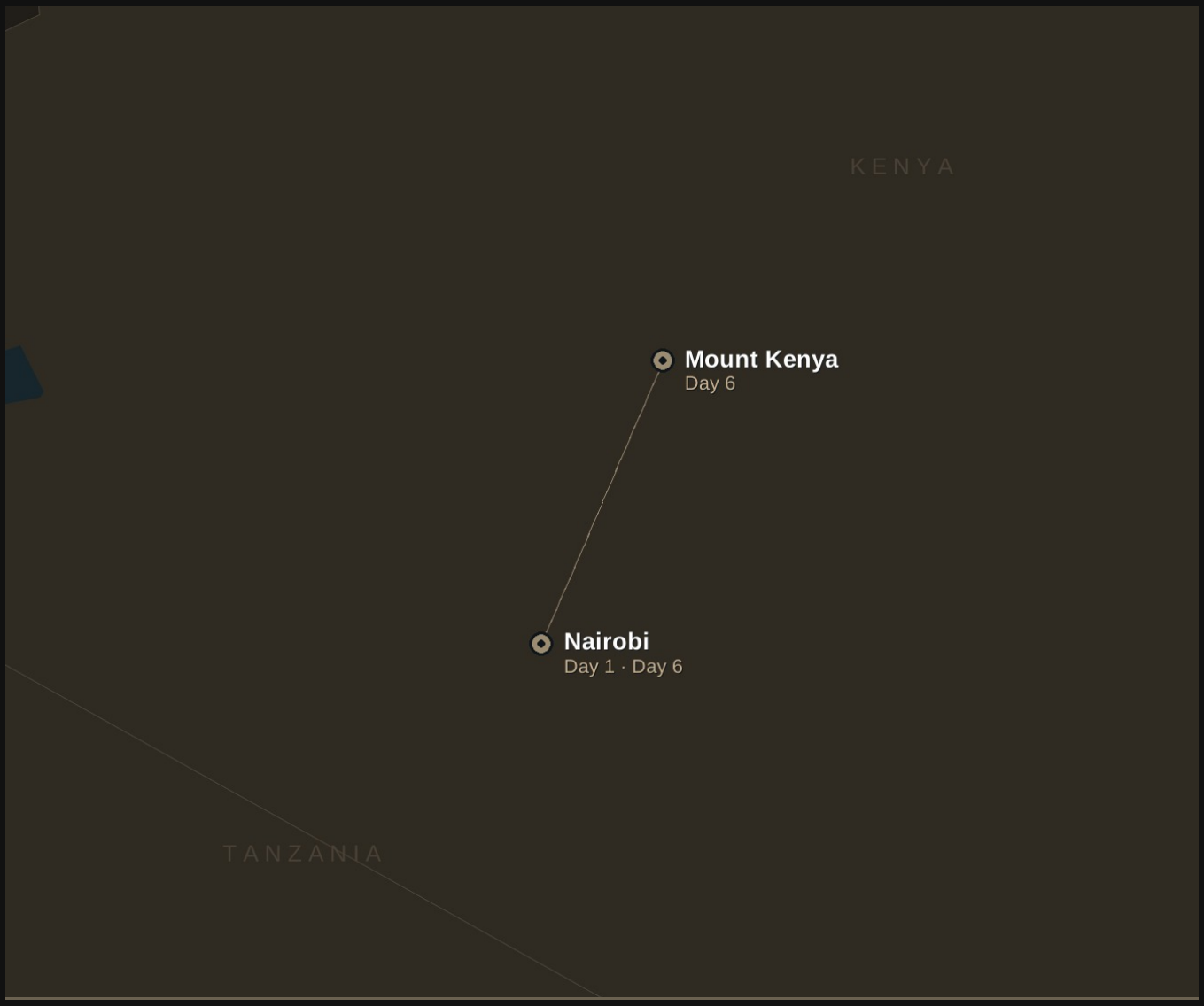


Chogoria Route

DURATION	WHERE	STOPS
6 days / 5 nights	Kenya	2

Map

Your route for this journey



- **Nairobi** Day 1 · Day 6
- **Mount Kenya** Day 6

Summary



Chogoria Route

DURATION	WHERE	STOPS
6 days / 5 nights	**Kenya**	**2**

Day by Day

Days	Main Destination	Meal Plan
Day 1	Nairobi	Full board on safari
Day 2	Nanyuki- Old Moses Camp	Full board on safari
Day 3	Old Moses - Shipton Camp	Full board on safari
Day 4	Full Day acclimatization at Shipton.	Full board on safari
Day 5	Shipton Camp to Mt Kenya Bandas	Full board on safari
Day 6	Mount Kenya → Nairobi	Full board on safari

Accommodation is chosen together with you: every night on this itinerary can be a lodge, a tented camp or a hotel, at the level of comfort you prefer.

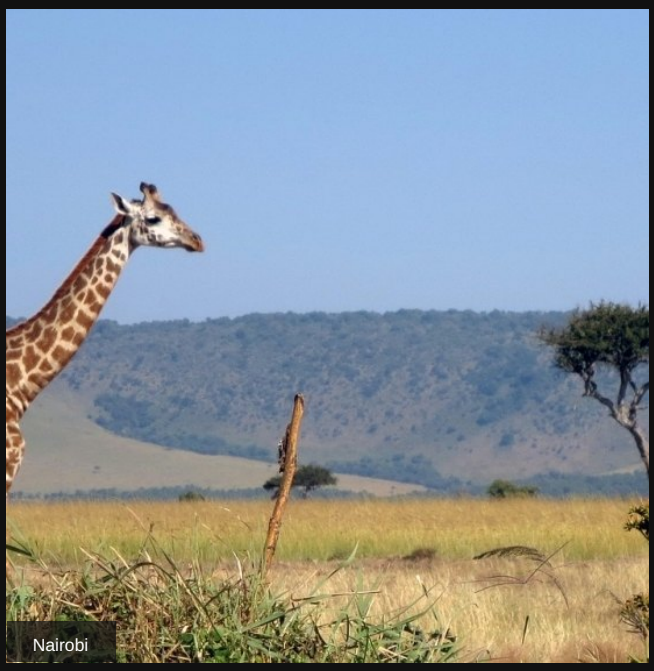
Highlights

- **Considered the most scenic and rewarding route**
- **it is also one of the most challenging**

Nairobi - Nanyuki

We depart Nairobi mid-morning on a 3-hour road journey to Nanyuki town and mountain base. Lunch at Ibis hotel. The remainder of the day spent at the hotel acclimatizing, sorting equipment and receiving an on site briefing from your guide. Meals and overnight at the hotel.

It is possible to do this route in just 5 days by skipping the first day at Nanyuki and going directly to Old Moses Camp.



Nairobi







Day 2

Nanyuki- Old Moses Camp

Drive to the Sirimon Park gate (2660m) to start the climbing. From the gate, we trek up thro magnificent montane forest, bamboo and giant heather zone before reaching the high altitude moorland and our first hut (Old Moses camp 3,300m) for dinner and overnight. This is a gentle trek that takes 3 - 4 hrs gaining an elevation of 680m.



Day 3

Old Moses - Shipton Camp

After breakfast, follow the track uphill, forking right at the junction. After a water break, you continue on the track crossing Ontulili River before turning right contouring through the Moorland and crossing Likii North River and continue uphill to Mackinders Valley from where there are panoramic views up the valley towards the Shipton Camp. This camp is a surreal setting below the towering peaks and glacier. Resident population is of Rock hyrax and sun birds.



Day 4

Full Day acclimatization at Shipton.

For better acclimatization you can take a rest day at the Shipton camp. Short walks / day hikes are possible on the summit climb to Oblong and Hausberg tarns gaining an elevation of 370m before returning to the camp for lunch. Afternoon is at leisure. N.B: Climbing high and sleeping low is excellent for acclimatization.



Day 5

Shipton Camp to Mt Kenya Bandas

Kick off at 3.am to reach Point Lenana in time for the African sunrise. The climb starts on frozen scree and continues on a rocky track with some very minor scrambling. With a good Moon you barely need a torch. The climb takes 3 -4 hrs and to add to the exhilaration, Mt. Kilimanjaro is also visible from the horizon. Descend to Minto's hut for full breakfast. After a short rest descend further to Mt Kenya bandas along the gorges valley where you can enjoy good views of The Temple, Lake Michaelson, Mushroom rocks and Giant billiards table. Dinner and overnight at the Bandas. You can enjoy log fires, hot showers and bed at the Bandas!



Mount Kenya Bandas to Nairobi.

After breakfast, descend on a broad track through bamboo and virgin rain forest to meet vehicle for transfer to Chogoria town and further to Nairobi or Proceed on an adventure Safari.



Mount Kenya







What's included in your journey

INCLUDED IN THIS PACKAGE

- All transport in a 4x4 safari vehicle with pop-up roof for game viewing (a 4x4 safari van as standard, or a Land Cruiser at an extra cost)
- Accommodation as detailed (Full Board while in the safari, except for drinks)
- Unlimited water
- High End Binoculars that will greatly enhance your safari experience
- Services of various local guides
- All national park and conservation entrance fees
- All food — breakfasts, packed lunches and evening meals
- Donations and payments to local community projects

NOT INCLUDED IN THIS PACKAGE

- International flights
- Travel and personal accident insurance
- Visa, passport, vaccinations, medicines
- Tips
- Expenditure on alcoholic drinks, souvenirs, personal items
- Optional excursions/activities not detailed in itinerary
- Any additional services requested





Spirit of Kenya

Spirit of Kenya is shaped by decades of safari expertise and an unwavering commitment to flexibility, dedication and personal service.

A safari should not be a list of animals to tick off. There is beauty in the small details and there are rewards to collect when you are patient.

This will not be just a journey through East Africa, but an invitation to truly feel it.

SPIRIT of KENYA

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